

# **An Overview of Comprehensive Rehabilitation Services (CRS)**

**Glenn Neal, Deputy Commissioner, and  
Cheryl Fuller, Assistant Commissioner, Division  
for Rehabilitation Services**

# CRS Program Purpose

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- Provides intensive rehabilitation services for individuals who have experienced a traumatic brain injury (TBI) or traumatic spinal cord injury (SCI).
- Provides services needed to help consumers live independently in their home and community.
- Services focus on improving three primary areas that affect both function and quality of life: mobility, self-care, and communication skills.

- **Sources**

- General Revenue
- General Revenue-Dedicated (CRS Acct. 107)
- Other Funds (Subrogation)

- **Total Appropriation**

- FY 2012 - \$25,029,244
- FY 2013 - \$28,115,573
- FY 2014 - \$26,679,796

# Eligibility Requirements

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**To be eligible for CRS, an individual must have traumatic brain injury and/or spinal cord injury and be:**

- At least 15 years old;
- A citizen or legal immigrant;
- A Texas resident for 6 months or have a family member who will be a primary caregiver who has been a Texas resident for 6 months;
- Medically stable; and
- Willing to participate in treatment.

**The applicant also may not be receiving services in another DRS rehabilitation services program.**

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## **Time-limited services that are necessary to:**

- Increase an individual's ability to function as independently as possible within the family and the community
- Assist the consumer with daily living skills and prevent secondary disabilities

## **Services are provided through contracts with providers across the state and include:**

- In-patient Comprehensive Medical Rehabilitation
- Outpatient Services
- Post-Acute Traumatic Brain Injury Services

# **CRS Services (continued)**

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## **In-patient Comprehensive Medical Rehabilitation**

- Medical experts provide consumers with therapy, medical care, and other help. These services typically last 30 days. Maximum limit for service is 90 days.

## **Outpatient Services**

- Physical, occupational, speech, and cognitive rehabilitation therapies help consumers increase their ability to perform daily living activities. Maximum limit for service is 120 hours.

# **CRS Services (continued)**

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## **Post-Acute Traumatic Brain Injury (PABI) Services**

- PABI services help consumers deal with forgetfulness or difficulties in solving problems and other mental or thought issues related to their injury. Services are offered on a residential and non-residential basis. Maximum limit for service is six months.

**DARS contracts with 21 providers of PABI Services.**

# CRS Counselors

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**Sixty (60) counselors across the state carry partial CRS caseloads and perform the following functions:**

- Determine eligibility
- Determine medical stability for onset of services
- Develop and monitor a plan for services
- Provide counseling and guidance
- Participate as an active member of the interdisciplinary treatment team
- Ensure consumer informed choice on selection of provider
- Assess whether goals were met



# Consumer Demographics

## FY 2013

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- **Number of consumers served: 908**
  - TBI: 586 consumers (64%)
  - SCI: 280 consumers (31%)
  - TBI and SCI: 42 consumers (5%)
- **Race/Ethnicity** (consumers may report multiple race/ethnic categories)
  - White: 81%
  - Hispanic: 24%
  - African American: 16%
  - American Indian/Alaskan Native: 1%
  - Asian: 1%
- **Gender**
  - Male: 77%
  - Female: 23%
- **Average age at application: 37 years**

# FY 2013 Outcomes

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The goal of CRS is to improve the consumer's ability to function independently at home and in the community.

Therefore, success is measured by where the consumer resides after completing CRS services.

- Percent residing in private residences: **91%**
- Percent of funds spent on cases closed as successful: **96%**
- Average cost per successful closure: **\$56,018**
- Number of successful closures: **465**

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# **FY 2014 Update**

**As of April 30, 2014, the CRS program has:**

- Served 744 consumers
- 479 active consumers
- Closed 164 consumer cases successfully
- 25 consumers are on the waiting list

# CRS Contact

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